

## Foods that are harmful and/or toxic to dogs

- 1. Onions** (Both onions and **garlic** contain the toxic ingredient Thiosulphate. But onions are more of a danger. Many dog biscuits contain \*small\* amounts of garlic – garlic contains less of this toxin so huge amounts would need to be consumed to be toxic. And, by the way, this poison builds up the system – it can be toxic in one large dose – or with repeated consumption of small amounts.)
- 2. Chocolate** (Chocolate contains Theobromine, a compound that is a cardiac stimulant and a diuretic. This can be fatal to dogs.)
- 3. Grapes** (Grapes are dangerous because of an unknown substance which is toxic to dogs – affects canine's kidneys)
- 4. Raisins** (See above.)
- 5. Most Fruit Pits and Seeds** (Contain Cyanogenic Glycosides resulting in cyanide poisoning – though the fruit itself is OK.)
- 6. Macadamia Nuts** (Macadamia nuts contain an unknown substance that is toxic to dogs.)
- 7. Bones** (Most bones should \*not\* be given (especially chicken bones) because they can splinter and cause laceration of the digestive system and/or become lodged in your pet's throat – so they also pose a choking hazard.) The same goes for **rawhide treats**.
- 8. Potato Peelings and Green Potatoes** (Contain Oxalates, which can affect the digestive, nervous, and urinary systems.)
- 9. Rhubarb leaves** (See above.)
- 10. Broccoli** (Broccoli is only toxic in large quantities.)
- 11. Green parts of Tomatoes or Green Potatoes** (Contain oxalates, which can affect the digestive, nervous, and urinary systems.)
- 12. Yeast Dough** (Yeast Dough can produce gas and swell in your pet's stomach – leading to rupture of the digestive system)
- 13. Coffee, Coffee Grounds, Tea, Soft Drinks** (Coffee, tea, & most soft drinks are dangerous due to the caffeine.)
- 14. Beer/Wine/Alcohol** of any kind (Alcohol of any kind could lead to coma or even death.)
- 15. Human Vitamins** (Human vitamins, especially those containing iron, can cause damage to the lining of the digestive system as well as cause kidney and liver damage)
- 16. Moldy or Spoiled Food** (I think this goes without saying.)
- 17. Persimmons** (Persimmons can cause intestinal blockage)
- 18. Raw Eggs and Raw Fish** (Raw eggs and some raw fish can cause Salmonella poisoning.)
- 19. Salt, Baking Soda, Baking Powder** (In large amounts these can cause an electrolyte imbalance – and severe electrolyte imbalances can lead to muscle spasm or even congestive heart failure.)
- 20. Mushrooms** (Mushrooms may contain toxins which could cause liver and kidney damage)
- 21. Sugar-Free Foods** (Sugar-free foods containing Xylitol have been found to cause

liver failure in some dogs.)

22. **Nutmeg** (Nutmeg can cause tremors, seizures, and central nervous system damage.)

23. **Excessive Fatty Foods** (Excess fatty foods can cause Pancreatitis.)

24. **Avocado** (All parts of the avocado and avocado tree are toxic to dogs.)

25. **Dairy Products** (Dairy products don't usually pose a great danger; but many dairy product have high fat content (see number 23) – and many pets are lactose intolerant – some pets more than others. Lactose intolerance leads to gas and diarrhea; though small amounts of yogurt and cheese are usually fairly well tolerated.)